

SIGNS OF ARTHRITIS CHECKLIST

Use this checklist to identify if your dog is showing signs of arthritis

Pet's Name:

Pet's Age:

Owner's Name:

APPEARANCE

Is your dog...

Showing signs of stiffness?

YES NO

Licking their joints more regularly?

Excessively yawning?

Has your dog gained weight in the past year?

Has your dog lost weight in the past year?

WALKING

Is your dog...

Lagging behind on walks?

YES NO

Limping after exercise?

Less enthusiastic or refusing to go for walks?

Bobbing their head when walking?

Having difficulty balancing when toileting?

ATTITUDE

Have you noticed any behaviour changes?
(please note below)

YES NO

Are they more grumpy?

Are they seeking out more quiet spaces
to be alone?

Are they more needy than usual?

Are they sleeping more than usual?

Crying out or sound like they're in pain?

Eating less or their appetite fluctuates?

Is your dog showing any other signs or
symptoms you are concerned about?

RELUCTANCE

Is your dog...

Hesitant to jump (e.g. into the car
or onto the sofa)?

YES NO

Less enthusiastic to play?

Taking more time to sit / lie down
/ get comfortable?

Taking more time to rise after sitting
or laying down?

ENVIRONMENT

Does your dog struggle with the stairs?

YES NO

Is your dog unsteady on slippery surfaces?

Has your dog ever suffered from an injury?

Have you ever given your dog
a medication to relieve pain?

Remember, the earlier we are
diagnosed, the more enjoyable
our lives will be



Scan to learn more

Once completed, please share with your
vet practice for assessment via email
or take to your next appointment

arthritis
AWARE



APPEARANCE

WALKING

ATTITUDE

RELUCTANCE

ENVIRONMENT